Pine River Library Program in a Bag: Homemade Dog Treats

What Human Foods Can Dogs Eat?

- Peanut butter
- Peanuts (avoid salted)
- Eggs (fully cooked)
- Fish/shrimp (fully cooked)
- Pork/Beef (fully cooked, bones removed)
- Poultry (fully cooked, bones removed)
- Popcorn
- Corn
- Cashews
- Honey
- Milk
- Quinoa
- Wheat/grains
- Oatmeal
- Yogurt
- Pumpkin
- Cantaloupe
- Bananas
- Pineapple
- Raspberries
- Blueberries
- Cucumbers
- Peaches
- Pears
- Strawberries
- Watermelon
- Carrots
- Celery
- Green beans
- Broccoli
- Peas

What Human Foods Can Dogs Eat?

- Cinnamon
- Chocolate
- Almonds
- Ice Cream (too high in sugar)
- Macadamia nuts
- Avocados
- Plants from the Allium Family
  - Garlic/Onions/Leeks
- Cherries
- Grapes/Raisins
- Tomatoes
- Mushrooms
- Xylitol
- Tea/Coffee (Caffeine)
- Raw/Undercooked Meat, Eggs, and Bones
- Salty foods
- Yeasted raw doughs
- Citrus

Why Make Your Own Dog Treats?

- You can choose healthier ingredients.
- You can tailor the treats to your pup's special tastes and dietary requirements.
- It can be safer—every year there are dog-related deaths due to safety issues with packaged treats.
- It's fun!

About Your New Treat Making Silicone Mold

- Temperature safe from -40 to +46 degrees Fahrenheit.
- Oven, dishwasher, freezer, microwave safe
Peanut Butter Pumpkin Dog Treats (Recipe courtesy of PRL Tech Librarian Lisa Zabka)

**INGREDIENTS**
- 1 can pumpkin puree (NOTE: do not use pumpkin pie filling)
- 2 eggs
- 3 tablespoons all natural peanut butter
- 1/2 cup oats
- 3 cups whole wheat flour, brown rice flour, or gluten free flour

**DIRECTIONS**
- Preheat oven to 350 degrees
- In a large bowl, whisk together the eggs, pumpkin and peanut butter until combined.
- Add oats and flour and stir well until dough forms.
- Silicone Mold: Roll a portion of dough into a ball, then press into silicone mold cavity to fill. Repeat until all of the mold cavities are filled.
- Baking Sheet: Pour dough onto a floured surface and roll out to 1/2 inch thick. Cut out using a cookie cutter. Transfer to a parchment lined baking sheet.
- Bake for 30 to 35 minutes until golden brown.

Chicken and Parsley Dog Treats (From www.theflyingcoupons.com)

**INGREDIENTS**
- 2 1/2 cups wheat flour
- 1 tsp salt
- 1 large egg
- 1/2 c. chicken broth
- 2 - 3 tablespoons chopped parsley

**DIRECTIONS**
- Preheat oven to 350 degrees.
- In a mixing bowl, combine broth wheat flour, salt, egg, and parsley.
- Silicone Mold: Roll a portion of dough into a ball, then press into silicone mold cavity to fill. Repeat until all of the mold cavities are filled.
- Baking Sheet: Flour your kitchen counter and roll dough out to a ¼ of an inch. Dip a cookie cutter into flour and cut out the dog biscuits. Bake cookies on a cookie sheet lined with parchment paper.
- Bake for about 30-35 minutes
Yogurt Peanut Butter Banana Freezer Treats
(From www.cookingwithjanica.com)

INGREDIENTS
• 32 oz plain yogurt
• 3 tablespoons peanut butter (make sure it contains no xylitol, which is toxic to dogs) (or almond butter or cashew butter if allergic)
• 1 large banana, sliced

DIRECTIONS
• Put all ingredients into a food processor or blender. Blend until creamy.
• Fill a silicone mold or ice cube tray with mixture
• Freeze for at least 2 hours.
• Pop out of molds and serve to your pup. Keep leftovers in an airtight container in the freezer.

Watermelon Sorbet
(From www.blog.homesalive.ca/dog-blog/frozen-dog-treats)

INGREDIENTS
• 3 cups of cubed, seedless watermelon
• 1/4 c. water

DIRECTIONS
• Lay watermelon in a single layer on a parchment-lined baking sheet and freeze overnight.
• In a food processor or blender, blend the watermelon with slowly pouring in water until it blends into a smooth mixture- you may need to add more or less water to get the right texture.
• Spoon into silicone molds or ice cube trays and freeze at least 2 hours.
For More Recipes Check Out
- www.iheartdogs.com/9-best-homemade-dog-treats-for-spoiling-your-pup/
- www.goodhousekeeping.com/life/pets/g23026561/homemade-dog-treats/
- www.puppyleaks.com/simple-dog-treat-recipes/
- https://fluentwoof.com/homemade-dog-treats-recipes/
- www.akc.org/expert-advice/nutrition/diy-frozen-dog-treats/
- www.rover.com/blog/homemade-dog-treats-freezer-summer/
- https://blog.homesalive.ca/dog-blog/frozen-dog-treats

Sources:
- www.aspca.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets